# "Cooking in the Kitchen with Nina" Cooking Classes

Join Culinary Professional and Cookbook Author Nina Swan-Kohler in her kitchen in Robins.

### March 2023 Cooking Class Schedule

**Cajun Favorites:** *On the menu:* New Orleans'- Style BBQ Shrimp, Easy Louisiana Seafood Gumbo, Cajun Shrimp over Pasta Alfredo; and Banana's Foster. \$50.00

March 1 (Wednesday) begins at 6 p.m.

**Fish and Seafood Specialties:** *On the menu:* Oven-Roasted Salmon with Roasted Seasonal Veggies, Italian Panko-coated Tilapia with Balsamic Butter Sauce and Cajun Shrimp with Jasmine Rice. \$55.00

March 2 (Thursday) begins at 11 a.m.

#### Easy Italian Main-Dish Pasta Favorites: On the

*menu:* Tasty Tuscan Toasts, Pasta with Bacon, Sundried Tomatoes and Italian Cheese, Fettuccini con Broccoli; Ravioli with Sage Cream Sauce and Spaghetti Carbonara. \$55.00

March 8 (Wednesday) begins at 6 p.m.

**Hearty Soups Class:** *On the menu:* Chicken and Dumplings Soup, Southwestern Beef Soup with Corn Chutney, Bacon, Potato and Corn Chowder, Italian Gnocchi Soup. \$50.00

March 9 (Thursday) - starts at 11 a.m.

#### **Irish Foods for Kids and Parents/Grandparents Class:**

Just in time for St. Patrick's Day! *On the menu:* Green Salad, Creamy Green (Split Pea) Soup, Cheesy Shamrock Biscuits, and Layered Mint Ice Cream Pie with Hot Fudge. \$90.00 for 2

March 12 (Sunday) begins at 3 p.m.

**Cooking with Wine:** *On the menu:* French Onion Soup, Chicken Marsala, Gourmet Shepard's Pie, and Poached Pears with Chantilly Cream. \$55.00 Great for couples!

March 13 (Monday) begins at 6 p.m.

**The Luck of the Irish Dinner Class:** Join me to Celebrate St. Patrick's Day! **On the menu:** Cheesy Corned Beef Appetizer, Gourmet Shepherd's Pie, Irish Soda Bread and Bailey's Irish Cream Parfaits. \$55.00 Great for couples!

March 17 (Friday) begins at 6 p.m.

#### Dairy-Free-Gluten Free Asian Favorites: On the

*menu:* Turkey Lettuce Wraps. Asian Ground Pork Soup, Curried Chicken Salad and Mango Sorbet. \$55.00

March 22 (Tuesday) begins at 6 p.m.

**Heart-Healthy Brunch Class:** *On the menu:* Winter Citrus Compote, Fresh Vegetable and Cheese Frittata; Sweet and Spicy Bacon; and Maple-Glazed Coffee Cake. \$50.00

March 25 (Saturday) begins at 11 a.m.

**My Favorite Asian Foods:** *On the menu:* Pork Pot Stickers, Wonton Soup, Springfield, MO-style Cashew Chicken and Chinese Almond Cookies. \$55.00 Great for couples!

March 28 (Tuesday) begins at 6 p.m.

#### **Healthy Low-Fat and Low-Carb 3-Course Dinner:**

(Gluten Free and Dairy Free) *On the menu:* Passion Fruit Spritzers, Tossed Greens with Walnut Vinaigrette, Honey-Ginger Salmon with Mango Salsa, Steamed Sugar Snap Peas and Pavlova Meringues with Fruit. \$55.00

March 29 (Wednesday) begins at 6 p.m.

#### **WOW Class for Widows or Widowers:** *On the menu:*

Corned Beef and Cabbage Soup. This class includes a special beverage, side dish and dessert.

FREE for first time attendees \$15.00 March 30 (Thursday)- starts at 11 a.m.

## "Cooking in the Kitchen with Nina"

- To register for a class, call: 319-393-7675
   or email: <a href="mailto:swankohler@cs.com">swankohler@cs.com</a> You can send a check
   for the amount of the class to the address below.
   or register and pay online at
   <a href="mailto:www.cookingwithnina.net">www.cookingwithnina.net</a>
- Classes are held at <u>460 Hickory Court, Robins, IA</u> <u>52328.</u>
- Classes are subject to cancellation if registration is insufficient.

**Cancellation Policy:** If your plans change, you will receive a full refund when canceling 48 hours in advance of the class. You will not receive a refund when you cancel less than 48 hours in advance.

Doors will not be open until 5 minutes prior to class. Please arrive on time for your class so that we can begin promptly.

Nina's Cooking Class Schedule is also available at <a href="https://www.cookingwithnina.net">www.cookingwithnina.net</a>
Questions, please call Nina at 319-393-7675 or email: <a href="mailto:swankohler@cs.com">swankohler@cs.com</a>