

Cooking in the Kitchen with Nina

Baby Shower Cooking Class

- Simply set the date with Nina, choose a menu and invite your friends to join you for a Baby Shower cooking class.
- No worries, no clean-up – just fun for you, The New Mom and your guests.

Types of Cooking Classes:

Most of my classes are 3 hours in length, but they can be shortened to 2-hour classes. Some options for timing and menus are as follows:

Brunch Class – (Featuring examples like: brunch casserole, “Baby-feet” stuffed French Toast, Eggs, Benedict, Italian Frittata, Fruit Spritzers, Baked Bacon, etc.) Time: 10 a.m. to 1 p.m. or 11 a.m. to 2 p.m.

Lunch Class – (Featuring examples such as: Chicken, Egg or Shrimp Salad served in Puff pastry, Main Dish Salads, Muffins, Scones, Cold or Hot Soup, Heart-Shaped Desserts or a Luau, Mexican, Italian or Asian Theme) Time: 11 a.m. to 2 p.m. or Noon to 3 p.m.

Tea Party Class – (Featuring examples such as: Cream Scones with Devonshire Cream, Muffins, Tea Party Sandwiches, Madeleines’, Tarts and Truffles) Times: 2 p.m. to 5 p.m. or 3 to 6 p.m.

Appetizer Party Class - (Featuring examples such as: Bruschetta with Various Toppings, Various types of Hummus, Roasted Red Pepper Dip with Veggies, Caramelized Onion Dip, Grilled Brie on Maple Plank, Roasted Raspberry-Chipotle Dip, Caprese Salad on a Stick, etc.) Times: 3 to 6 p.m. or 4 to 7 p.m.

Stock Mom’s Freezer - Meals for After the Baby Arrives – (Featuring recipes that could be made ahead and frozen to be delivered to the new mom and her family after the baby arrives. Some options would include soups, casseroles, entrees, cookie dough, etc.) Special attention would be made on how to pack and freeze the foods with preparation directions to complete the meal. (Anytime)

Dessert: A special dessert could be added to any of the menus above, or you can bring your own cake, etc.

Please call Nina at 319-393-7675 to discuss specific menus and budgets. I am happy to work with you to customize your Baby Shower. I have done baby showers with the following themes: Jungle, Turtles, Baby Shoes, Pretty in Pink, Baby Blues, etc.

Baby Shower Attendance Perks: When you book a Baby Shower party for at least 10 people, I will provide a \$5 gift certificate to everyone attending to use in my kitchen gadgets boutique.

Gift Opening: You and your group can move to another area from the cooking kitchen to allow the New Mom to open gifts for 1 hour beyond the cooking class.

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